

SIGNATURE BREAKFAST

5.49

FORNELLO FRITTATA

Garden Vegetables, Potato, Bacon, & Asiago Cheese on Multi Grain Panini

PASTRAMI & EGGS

2 Eggs, Pastrami & Swiss Cheese on Toasted Rye

AMERICANO

3 Egg Whites, Turkey & Lacey Swiss on Whole Wheat Panini

ATHENS WRAP

2 Eggs, Feta Cheese, & Sauteed Spinach on Sun Dried Tomato Wrap

HEALTHY START

3 Egg Whites, Turkey Bacon, Avocado, & Lacey Swiss on Whole Wheat Wrap

PEPPERMILL

3 Egg Whites, Peppermill Turkey, Meunster, Tomato on Pumpnickel Panini

BREAKFAST BURRITO

2 Eggs, Sausage, Pepperjack Cheese & Salsa on Spinach Wrap

HUNGRY MAN

3 Eggs, Bacon, Sausage, Ham, Home Fries & Cheese on Hero 6.49

Side Bacon/Sausage 1.99 Home Fries 1.95 Hash Brown 1.00 Panini/Crossaint 1.00 Extra Meat 1.25 Extra egg .75 Tomatoes/Onions/Peppers/Cheese .50 Add Avocado .75

CAFE

12 OZ 16 OZ 20 OZ

Gourmet Mountain Blend 1.45 1.75 2.05

CAPPUCCINO, ESPRESSO, LATTES, CHOCCOCINO,
HOT CHOCOLATE, ICED COFFEE, TEA

SOFT SERVE NON FAT COLOMBO FROZEN YOGURT

Small 4.95 Large 6.50

Toppings .50 each Layered Toppings .99

Caramel Sauce, Dark Chocolate,
Rainbow Sprinkles, Chocolate Sprinkles, Fruit,
Granola, Crumbled Biscotti, Shredded Coconut

SMOOTHIES 20oz 5.95

Mixed Berry Fantasia, Banana Rama
Orange Creamsicle, Frozen Capuccino
Chocolate Coconut, Peanut Butter & Banana
Strawberry Banana

Add Whey Protein 1.75 (Chocolate/Vanilla)

DALLA CUCINA HOT DISHES

All Entrees served with choice of Penne or Spaghetti Marinara

EGGPLANT ROLLATINI 11.95

EGGPLANT PARMIGIANA

CHICKEN PARMIGIANA

CHICKEN FRANCESE

CHICKEN MARSALA

CHICKEN FLORIO

CHICKEN MONA LISA

CHICKEN SORRENTINO

VEAL SALTIMBOCCA 12.95

VEAL MARSALA

VEAL MILANESE

VEAL CAPRICIOSA

VEAL PARMIGIANA

FRESH FISH OF THE DAY OREGANATA

FISH FRANCESE

FISH SAN GIOVANNA

SIDES

MEATBALLS (2) with Sauce 3.95

STEAMED VEGGIES 3.50

GARLIC BREAD 2.95

with Mozzarella Cheese 3.55

GARLIC KNOTS (12) 4.95

SAUCE .75

EXTRA DRESSING .50

FRESH PASTA SPECIALTIES

Choice of Pasta: Penne, Rigatoni, Linguine, Spaghetti,
Cavatelli, Orecchiette, Fettuccini (add \$1 whole wheat pasta)

Small 6.95 Large 8.50

MARINARA • ALLA VODKA

PESTO • GARLIC & OIL

Small 7.95 Large 9.50

BOLOGNESE • CARBONARA • ALFREDO

PRIMAVERA • CAPONATA (EGGPLANT)

One Size 9.50

RAVIOLI POMODORO • TORTELLONI ALLA VODKA

MANICOTTI • BAKED ZITI • LASAGNA BOLOGNESE

Add \$4.00 for small Chicken or Shrimp

Add \$6.50 for large Chicken or Shrimp

IL FORNELLO



SERVING BREAKFAST & LUNCH CORPORATE & ELEGANT CATERING

FREE LOCAL DELIVERY
(\$10 MINIMUM)

FAX YOUR ORDERS

HOURS
MON - FRI 7AM - 6PM

OPEN SAT & SUN FOR PRIVATE CATERING

52 W. Jericho Turnpike
Syosset, New York 11791

Tel (516) 802-0732

Fax (516) 802-0734

www.ilfornellodeli.com

FRESH BAKED TREATS

HOMEMADE GOURMET MUFFINS

Honey Corn, Blueberry, Chocolate Chip, Banana Nut,
Morning Glory, Banana Chip, Pistacchio, Peach Cobbler,
Apple Cinnamon, Toasted Oat Bran, Cappuccino Chip,
Triple Berry & Cranberry Orange Nut
2.25

DAVID'S JUMBO COOKIES

Chocolate Chip, Oatmeal Raisin, Smore's,
Reese's Peanut Butter Cup or Sugar
1.95

ASSORTED BUTTER COOKIES 12.99 per pound

BAGEL BOSS BAGEL with Butter 1.75

Cream Cheese 2.35

Veggie Cream Cheese 2.65

YOGURT PARFAIT w/Fresh Fruit and Granola 3.95

IRISH STEEL CUT OATMEAL with Fresh Fruit & Nuts 3.95

FRESH FRUIT CUP 2.95

BREAKFAST SPECIALS

1 EGG ON A ROLL OR BAGEL 2.55

with Bacon, Sausage or Ham 3.55

with Cheese 4.05

2 EGG ON A ROLL OR BAGEL 2.85

with Bacon, Sausage or Ham 3.85

with Cheese 4.35

FROM THE GRIDDLE

BUTTERMILK PANCAKES, BELGIAN WAFFLE or
TEXAS FRENCH TOAST
served with Bacon, Sausage or Ham 4.95

2 EGGS, FRENCH TOAST OR PANCAKES, with
BACON OR SAUSAGE ON A PLATTER 6.49

Add Fresh Fruit to any platter 1.50,
Chocolate Chip or Blueberry Pancakes available 1.00 extra

GOURMET OMLETTE PLATTERS

5.95

Served with choice of toast

WESTERN Ham, Onions & Peppers

GREEK Feta, Spinach & Tomatoes

TUSCAN Parma Prosciutto, Roasted Peppers
& Fresh Mozzarella

AMERICAN Turkey, Broccoli & American

VEGGIE Mushrooms, Peppers, Onions & Tomatoes

FARMERS Ham, Sausage, Onions, Peppers & Cheddar

PANINI PRESS 8.49

TORINO Grilled Chicken, Parma Prosciutto, Roasted Peppers, Field Greens, Fresh Mozzarella & Balsamic Vinaigrette

TOSCANO Chicken Cutlet, Field Greens, Tomato, Fresh Mozzarella & Artichoke Herbed Hummus

SICILIANO Roast Beef, Black Forest Ham, Baby Arugola, Tomato, Carmelized Onions, Meunster Cheese & Horseradish Spread

POSITANO Grilled or Fried Chicken, Roasted Peppers, Broccoli Rabe, Fresh Mozzarella, Pesto Cream or Balsamic Vinaigrette

MILANO Turkey Breast, Mortadella, Roasted Peppers, Portobello Mushrooms, Pepper Jack Cheese & Pesto Cream

ADRIATICO Pastrami Turkey, Bacon, Lacey Swiss, Lettuce, Tomato & Honey Dijon Dressing

FORNELLO CUBAN Roasted Porchetta, Black Forest Ham, Lacey Swiss, Lettuce, Tomato, Pickles & Spicy Mustard

CHICKEN CAPRESE Tomato, Mozzarella, Grilled Chicken & Balsamic Vinaigrette

CHIPOTLE PRESS Chicken Cutlet, Bacon, Lacey Swiss, Lettuce, Tomato, Pickles & Smokey Chipotle Aoli

RODEO Roast Beef, Bacon, Cheddar, Bacon, Crispy Onion Straws & BBQ Mayo

HEALTHY WAY Fresh Turkey, Cheddar, Avocado, Baby Spinach, Tomato & Chipotle Aoli

SOUTHWEST Grilled Chicken, Pepperjack, Bacon, Lettuce & Salsa

CORDON BLEU Chicken Cutlet, Black Forest Ham, Baby Arugola, Tomato, Swiss Cheese & Honey Dijon

MILL POND Peppermill Turkey, Meunster, Roasted Peppers, Field Greens & Pesto Aoli

EVEROAST Boar's Head Chicken Breast, Cheddar, Carmelized Onions, Lettuce, Tomato & Russian Dressing

GODFATHER Mortadella, Salami, Pepperoni, Fresh Mozzarella, Lettuce, Tomato, Hot Cherry Peppers, Mayo & Red Wine Vinaigrette

MT. ETNA Fresh Turkey, Bacon, American, Lettuce, Tomato, Red Onions & Jalapeno Ranch

STUFFED FOCACCIA 8.49

SARDINIAN Honey Maple Turkey, Parma Prosciutto, Roasted Peppers, Tomato, Fresh Mozzarella & Honey Dijon Dressing

GENOVESE Cracked Peppercorn Turkey, Genoa Salami, Lettuce, Tomato, Portobello Mushroom, Provolone & Pesto Cream

ROMANO Roasted Porchetta (Slow Roasted Pork Loin), Carmelized Onions, Provolone Cheese & Herbed Artichoke Hummus

VENETIAN Assorted Grilled Vegetables, Field Greens, Tomato, Roasted Pepper & Balsamic Vinaigrette

BARESE Spicy Soppresata, Mortadella, Provolone, Baby Arugola, Tomato & Herbed Artichoke Hummus

PALERMO Chicken Cutlet, Sicilian Eggplant, Provolone, Field Greens & Pesto Cream

ROMA Grilled Chicken, Fresh Mozzarella, Sun Dried Tomato, Avocado, Field Greens & Honey Dijon

SORRENTINO Sicilian Eggplant, Parma Prosciutto, Fresh Mozzarella, Roasted Peppers, Field Greens & Pesto Aoli

RUSTICO Fresh Mozzarella, Tomato, Roasted Peppers, Arugola & Pesto Aoli

CALABRESE Porchetta, Broccoli Rabe, Hot Cherry Peppers, Fresh Mozzarella & Balsamic Vinaigrette

WRAPS 7.95

Plain, Whole Wheat, Spinach or Sun Dried Tomato

POLLO CAESAR WRAP Grilled Chicken, Shaved Parmigiano, Lettuce, Tomato & Caesar Dressing

LOW FAT TURKEY WRAP Low Sodium Turkey, Baby Spinach, Tomato, Lacey Swiss & Honey Dijon Dressing

ROAST BEEF WRAP Roast Beef, Pepper Jack Cheese, Baby Arugola, Tomato & Horesradish Spread

VEGGIE TUNA WRAP Lettuce, Tomato, Cucumbers & Avocado

WALDORF WRAP Chicken Waldorf Salad, Baby Arugola, Tomato & Lacey Swiss

VEGGIE WRAP Assorted Grilled Vegetables, Field Greens, Roasted Peppers & Balsamic Vinaigrette

CHICKEN PAILLARD WRAP Pan Seared Chicken Breast, Field Greens, Tomato, Cucumber, Red Onions & Sun Dried Tomato Vinaigrette

HEALTHY TUNA WRAP Mayo Less Veggie Tuna, Black & Green Olives, Capers, Field Greens, Tomato & Cucumber

COWBOY WRAP Chicken Cutlet, Cheddar, Crispy Onions Straws, Tomato, Fried Jalapenos & Chipotle Aoli

JERICHO WRAP Fresh Turkey, Swiss Cheese, Field Greens, Sliced Apple, Dried Cranberries & Raspberry Vinaigrette

REUBEN WRAP Hot Pastrami, Melted Swiss, Cole Slaw, Pickles & Russian on Pressed Wrap

GREEK WRAP Lettuce, Tomato, Cucumbers, Celery, Red Onions, Black Olives, Feta Cheese, Bell Peppers & Greek Feta Dressing

BUFFALO WRAP Chicken Cutlet, Lettuce, Tomato, Blue Cheese Dressing & Hot Sauce

SHRIMP SALAD WRAP Classic Shrimp Salad, Lettuce & Tomato

SIGNATURE HEROS

GRILLED or FRIED CHICKEN with lettuce, tomato, mayo **8.25**

ITALIAN STALLION Genoa Salami, Cappy Ham, Pepperoni, Provolone, Lettuce, Tomato, Red Onions & Red Wine Vinaigrette **8.50**

CHICKEN SALAD with Lettuce & Tomato **7.95**

WALDORF SALAD with Baby Arugola, Lacey Swiss & Tomato **8.50**

AMERICAN with Turkey, Roast Beef, American, Lettuce, Tomato & Mayo **7.95**

BROOKLYN BOMBER with Roast Beef, Broccoli Rabe, Hot Cherry Peppers, Provolone, Baby Arugola, Tomato & Hot Cherry Pepper Aoli **8.95**

ROAST BEEF with Mozzarella & Roasted Garlic Aoli on Toasted Garlic Hero **7.95**

CHICKEN CUTLET with Roasted Red Peppers, Fresh Mozzarella, Field Greens & Pesto Aoli **8.50**

BBQ GLAZED CHICKEN with Cheddar, Bacon, Lettuce, Tomato & Jalapeno Ranch on Toasted Garlic Hero **8.50**

PORCHETTA with Carmelized Onions & Pepper Jack Cheese **8.50**

GRILLED CHICKEN with Broccoli Rabe, Roasted Peppers, Fresh Mozzarella & Balsamic Vinaigrette **8.95**

FORNELLO PHILLY with Grilled Roast Beef, Provolone & Carmelized Onions **7.95**

FRESH TURKEY with Swiss Cheese, Cole Slaw & Russian on Toasted Garlic Hero **7.95**

HOT PASTRAMI with Swiss Cheese, Lettuce, Tomato, Onions & Spicy Mustard **7.95**

DAL FORNO FROM THE OVEN

10" PIZZETTE

MARGHERITA - \$7.95 Tomato Sauce, Mozzarella & Basil

PUTTANESCA - \$9.95 Capers, Green & Black Olives

CHICKEN PARMIGIANA - \$9.95
Chicken Cutlet, Marinara & Mozzarella

BIANCA - \$9.95 Ricotta, Fresh Mozzarella & Parma Prosciutto

PARMA - \$9.95 Smoked Prosciutto & Carmelized Onions

QUATTRO FORMAGGI - \$9.95
Provolone, Ricotta, Mozzarella & Parmigiano

BUFFALO CHICKEN - \$9.95
Grilled Chicken, Blue Cheese, Hot Sauce & Mozzarella

BBQ CHICKEN - \$9.95 Grilled Chicken, BBQ Sauce & Mozzarella

MELANZANA - \$9.95
Sicilian Eggplant, Sweet Bell Peppers & Onion

CHICKEN BRUSCHETTA - \$9.95
Chopped Tomatoes, Arugola, Red Onion, Fresh Mozzarella & Balsamic Reduction

MEAT LOVERS - \$9.95 Sausage, Pepperoni & Meatball

VEGGIE DELIGHT - \$9.95 Assorted Grilled Vegetables

BACON CHICKEN RANCH - \$9.95
Chicken Cutlet, Bacon, Chopped Tomatoes, Cheddar & Mozzarella, Red Onion & Ranch Drizzle

ARTICHOKE & MUSHROOM - \$9.95

CHICKEN CUTLET & BROCCOLI - \$9.95

HOT HEROS

CHICKEN CUTLET with marinara **7.75**

MEATBALL or SAUSAGE with marinara **6.75**

SICILIAN EGGPLANT with marinara **6.50**

SAUSAGE, PEPPERS & ONIONS **7.50**

SHRIMP with marinara **8.50**

VEAL with marinara **8.50**

Add \$1.00 for Parmigiano

SICILIAN BY THE SLICE 2.50 PEPPERONI PINWHEELS 2.50

GARLIC KNOTS

1/2 doz \$2.50 1 doz \$4.95

STUFFED CALZONES

Ricotta 5.00 Ham & Ricotta 6.00

STUFFED ROLLS 5.95

Buffalo Chicken or Chicken Parmigiana

SOUP OF THE DAY

All based on daily availability.

Small (12oz) **3.75**

Medium (16oz) **4.50**

Quart **7.95**

SALAD BAR

Small 5.95 Large 7.95

LETTUCE TYPE

Romaine, Fornello Mix or Baby Arugola

DRESSING

Balsamic Vinaigrette, Honey Ginger, Blue Cheese, Ranch, Caesar, Golden Italian, Greek Feta, Honey Dijon, Lemonette, Sundried Tomato

Fat Free: Balsamic Vinaigrette, Italian, Raspberry White

Choose up to 5 Toppings: Cherry Tomato, Cucumber, Carrots, Broccoli, Asparagus, Black Olives, Green Olives, Chick Peas, Kidney Beans, Roasted Pepper, Orange, Apple, Dried Cranberry, Walnuts, Pecans, Sunflower Seeds, Shaved Parmigiano, Feta, Cheddar, Mozzarella, Goat Cheese

Add .75 Avocado, Egg, Marinated Artichokes

Add \$2 Sm / \$3 Lg Grilled Chicken, Grilled Shrimp, Chicken Cutlet, Veggie Tuna, Healthy Tuna, Turkey Breast, Chicken Salad

SIGNATURE SALADS

FRESCA - \$9.95 Grilled Chicken / Goat Cheese / Dried Cranberries / Toasted Pecans / Fresh Mixed Berries / Fornello Mix Lettuce

CHEF SALAD - \$8.95 Ham / Turkey / Swiss / American / Egg / Cucumbers / Tomato / Onions / Asparagus / Fornello Mix

GRILLED CHICKEN CAESAR SALAD - \$8.95 Grilled Chicken / Parmigiana Shavings / Crouton / Romaine lettuce

MEDITERRANEAN SALAD - \$8.95 Sliced Salami / Feta / Black Olives / Tomato / Cucumber / Red onion / Romaine Iceberg Mix

GREEK SALAD - \$7.95 Feta Cheese / Black Olives / Bell Pepper Romaine Lettuce / Red Onion

ORTOLANA SALAD - \$7.95 Asparagus / Carrots / Broccoli Florette / Bell Peppers / Fresh Peas / Roma Tomatoes / Cucumbers / Red Onion / Fornello Mix Lettuce

GRILLED SALMON - \$9.95 Grilled Salmon / Fornello Mix Lettuce / Roma Tomatoes / Steamed Asparagus / Fresh Avocado

CALIFORNIA SHRIMP - \$9.95 Shrimp / Fresh Avocado / Fornello Mix / Tomatoes / Cucumber / Red Onion / Fresh Orange