

Dal Forno (FROM THE OVEN)

10" PIZETTE

| | | | |
|--|---------------|--|---------------------|
| Margherita Marinara, mozzarella & basil | \$7.99 | Chicken Bruschetta Chopped tomatoes, arugula, red onions, fresh mozzarella & balsamic reduction | |
| Chicken Parmigiana | \$9.99 | Meat Lover's Sausage, Pepperoni & Meatballs | |
| Chicken Cutlet & Broccoli | | Veggie Delight Assorted Grilled Vegetables | |
| Artichoke & Mushroom | | Bacon Chicken Ranch Chicken Cutlet, Bacon, Chopped Tomatoes, Cheddar, Mozzarella, Red Onions & Ranch Drizzle | |
| Puttanesca Capers, green & black olives | | Sicilian by the Slice | \$2.50 |
| Bianca Ricotta, mozzarella & prosciutto di Parma | | Stuffed Calzones Ricotta | \$5.00 |
| Parma Prosciutto, mozzarella, caramelized onions & tomatoes | | Add Ham, Meatball, Sausage or Pepperoni | \$1.00 extra |
| Quattro Formaggi Provolone, ricotta, parmigiana & mozzarella | | Pepperoni Pinwheels | \$2.50 |
| Buffalo Chicken Grilled chicken, blue cheese, mozzarella & hot sauce | | Stuffed Bread | \$6.00 |
| Melanzana Sicilian eggplant, peppers & onions | | Garlic Knots 1/2 dz \$2.50 1 dz \$4.99 | |

Signature Salads

| | | | |
|---|---------------|---|---------------|
| Fresca Grilled chicken, goat cheese, raisins, pecans, fresh berries & fornello mixed lettuce | \$9.99 | Ortalana Asparagus, carrots, broccoli florets, bell peppers, fresh peas, tomatoes, cucumbers, red onions & fornello mixed lettuce | \$7.99 |
| Grilled Chicken Caesar Grilled chicken, shaved parmigiana, croutons & Romaine lettuce | \$8.99 | Grilled Salmon Grilled Salmon, fornello mixed lettuce, tomatoes, asparagus & avocado | \$9.99 |
| Mediterranean Sliced salami, feta cheese, black olives, tomatoes, cucumbers, red onions Romaine lettuce | \$8.99 | California Shrimp Grilled shrimp, avocado, fornello mixed lettuce, tomatoes, cucumbers, red onions & orange slices | \$9.99 |
| Greek Feta cheese, black olives, bell peppers, red onions & Romaine lettuce | \$7.99 | Chef Ham, turkey, Swiss, American, egg, cucumbers, tomatoes, onions, asparagus & fornello mixed lettuce | \$8.99 |

Salad Bar

Size Small 5.95 Large 7.95

Choose Lettuce Romaine, Fornello Mix or Baby Arugula

Chopped or Tossed Option Add 1.00

Include 5 Toppings

Cherry Tomatoes, Celery, Cucumbers, Carrots, Broccoli, Asparagus, Onions, Black Olives, Green Olives, Chick Peas, Kidney Beans, Roasted Pepper, Bell Peppers, Jalapeño, Sun-Dried Tomatoes, Croutons, Oranges, Apples, Raisins, Walnuts, Pecans, Sunflower Seeds, Shaved Parmigiano, Feta, Cheddar, Fresh Mozzarella, Goat Cheese

Add .75 for Avocado, Egg, Artichoke Hearts, Portobello Mushrooms, Grilled Veggies

Add Sm \$2.00 Lg \$3.00 for Grilled Chicken, Chicken Cutlet, Tuna Salad, Chicken Salad, Ham, Turkey Breast

Add \$4.50 Grilled Shrimp, Grilled Salmon



Pasta Bowls

Lunch \$7.50 Dinner \$8.99

Choice of Pasta: Penne, Rigatoni, Linguine, Spaghetti (add \$1 whole wheat pasta)

Choice of Sauce: Marinara, Alla Vodka, Pesto, Garlic & Oil

Add 1.50 for choice of Bolognese, Alfredo or Primavera

Fresh Pasta Specialties

| | Lunch | Dinner | Lunch | Dinner |
|---|---------------|----------------|--|-----------------------|
| Potato Gnocchi Pomodoro with Chunks of Fresh Mozzarella | \$7.99 | \$10.99 | Penne Pasta With Chicken Cutlet and Roasted peppers in a Tomato Cream Sauce | \$8.99 \$11.99 |
| Ricotta Cavatelli alla Vodka With Crumbled Sausage and Sweet Peas | \$8.99 | \$11.99 | Baked Ziti Ricotta, Mozzarella & Parmigiano | \$8.99 \$11.99 |
| Spaghetti with Meatballs Marinara | \$7.99 | \$10.99 | Organic Whole Wheat Pasta Primavera With Garden Vegetables in a Pomodoro Sauce | \$8.99 \$11.99 |
| Farfalle Pasta With Grilled Chicken in Pesto Cream Sauce | \$8.99 | \$11.99 | Cheese Ravioli Al pomodoro | \$8.99 \$11.99 |

Dalla Cucina

(All entrées come w/ choice of penne or rigatoni marinara)

| | |
|------------------------------|----------------|
| Eggplant Parmigiana | \$11.99 |
| Chicken Parmigiana | \$11.99 |
| Chicken Francese | \$11.99 |
| Chicken Marsala | \$11.99 |
| Veal Marsala | \$12.99 |
| Veal Parmigiana | \$12.99 |
| Fresh Fish of the Day | |
| Oreganata | \$12.99 |
| Fish Francese | \$12.99 |

Soft Serve

Non-Fat Columbo Frozen Yogurt
SM 4.95 LG 6.50

| | |
|--|---------------|
| Toppings | \$0.50 |
| Caramel Sauce, Dark Chocolate, Rainbow or Chocolate Sprinkles, Fruit, Granola, Crumbled Biscotti, Shredded Coconut | |
| Layered Topping | \$0.99 |

Desserts

Fresh Fruit Cups, Brownies, Rice Pudding, Cookies, Chocolate Pudding, Cakes, Pies, Cannoli, Italian & Seasonal Specialties

Sides

| | |
|---------------------------------|---------------|
| Meatballs (2) with Sauce | \$3.95 |
| French Fries | \$2.25 |
| Pickles | \$1.25 |
| Veggies | \$3.50 |
| Grilled Cheese | \$3.99 |
| Garlic Bread | \$2.95 |
| With mozzarella | \$3.55 |
| Sauce | \$0.75 |
| Extra Dressing | \$0.50 |

Smoothies \$5.99

20 oz

Mixed Berry Fantasia
Banana Rama
Orange Creamsicle
Frozen Capuccino
Chocolate Coconut
Peanut Butter & Banana
Strawberry Banana

Add Whey Protein \$1.75
(Chocolate/Vanilla)



Cafe

Freshly Ground Gourmet Mountain Blend Coffee
12 oz, 16 oz & 20 oz
cappuccino, espresso, lattes, choccchino, hot chocolate, iced coffee, tea

From the Fountain

16 oz \$2.10 • 20 oz \$2.50
32 oz \$3.25

Ice Tea (Sweetened or Unsweetened)
Lemonade or Pink Lemonade

IL FORNELLO



Gourmet Deli & Caterer

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Syosset, New York 11791

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Breakfast Specials



- 1 Egg on a Roll or Bagel** \$2.55
- 2 Egg on a Roll or Bagel** \$2.85
- Add Meat** \$1.50
- Add Cheese** \$0.50
- From The Griddle** \$6.99

Buttermilk Pancakes, Belgian Waffle or Texas French
Toast Served with Bacon, Sausage or Ham

- Add Fresh Fruit To any Platter** \$1.50

Chocolate Chip or Blueberry

- Pancakes Available** \$1.00

- Gourmet Omelette Platters** \$5.99

Served W/ Choice of Toast

Western: Ham, Onions & Peppers

Greek: Feta, Spinach & Tomatoes

Tuscan: Parma Prosciutto, Roasted Peppers & Fresh Mozzarella

American: Turkey, Broccoli & American

Veggie: Mushroom, Peppers, Onions, Tomatoes

Farmers: Ham, Sausage, Onions, Peppers & Cheddar



Signature Breakfast \$5.99

Fornello Frittata:

Garden Vegetables, Potato, Bacon, & Provolone Cheese on Multi-Grain Panini

Pastrami & Eggs:

2 Eggs, Pastrami & Swiss Cheese on Toasted Rye

American:

3 Egg Whites, Turkey & Lacey Swiss on Whole Wheat Panini

Athens Wrap:

2 Eggs, Feta Cheese, & Sauteed Spinach on Sun-Dried Tomato Wrap

Healthy Start:

3 Egg Whites, Turkey Bacon, Avocado, & Lacy Swiss on Whole Wheat Wrap

Peppermill:

3 Egg Whites, Peppermill Turkey, Meunster & Tomatoes on Pumpernickel Panini

Breakfast Burrito:

2 Eggs, Sausage, Pepperjack Cheese & Salsa on Spinach Wrap

Hungry Man:

3 Eggs, Bacon, Sausage, Ham, Home Fries & Cheese on Hero

BREAKFAST EXTRAS

Side Bacon/Sausage \$2.50 • Home Fries \$2.25 • Hash Brown \$1.00

Panini/Croissant \$0.50

Extra Meat \$1.50 • Extra egg \$0.75

Tomatoes/Onions/ Peppers/Cheese/Spinach .50

Add Avocado \$0.75

Baked Specialties

Fresh Baked Gourmet Muffins

Honey Corn, Blueberry, Chocolate Chip, Banana Nut, Morning Glory, Banana Chip, Peach Cobbler, Apple Cinnamon, Toasted Oat Bran, Cappuccino Chip, Triple Berry & Cranberry Orange Nut

David's Jumbo Cookies

Chocolate Chip, Oatmeal Raisin, Red Velvet, Smore's & Reese's Peanut Butter Cup

Bagel or Roll

with butter \$1.99 cream cheese \$2.50 veggie cream cheese \$2.75

Yogurt Parfait with Fresh Fruit & Granola \$3.99

Irish Steel Cut Oatmeal with Fresh Fruit & Nuts **Small \$3.99 Large \$4.99**

Fresh Fruit Cup \$2.99

Panini Press \$8.99

Torino

Grilled Chicken, Parma Prosciutto, Roasted Peppers, Field Greens, Fresh Mozzarella & Balsamic Vinaigrette

Tosceno

Chicken Cutlet, Field Greens, Tomato, Fresh Mozzarella & Artichoke Hummus

Siciliano

Roast Beef, Black Forest Ham, Baby Arugola, Tomato, Carmelized Onions, Meunster Cheese & Horseradish Spread

Positano

Grilled or Fried Chicken, Roasted Peppers, Broccoli Rabe, Fresh Mozzarella, Pesto Aoli or Balsamic Vinaigrette

Milano

Turkey Breast, Mortadella, Roasted Peppers, Portobello Mushrooms, Pepper Jack Cheese & Pesto Aoli

Adriatico

Pastrami Turkey, Bacon, Lacey Swiss, Lettuce Tomato & Honey Dijon Dressing

Fornello Cuban

Roasted Porchetta, Black Forest Ham, Swiss, Lettuce, Tomato, Pickles & Spicy Mustard



Chicken Caprese

Grilled Chicken, Tomato, Fresh Mozzarella, Arugola & Balsamic Vinaigrette

Chipotle Press

Chicken Cutlet, Bacon, Swiss, Lettuce, Tomato, Pickles & Chipotle Aoli

Rodeo

Roast Beef, Bacon, Cheddar, Crispy Onion Straws & BBQ Mayo

Healthy Way

Fresh Turkey, Cheddar, Avocado, Baby Spinach, Tomato & Chipotle Aoli

Southwest

Grilled Chicken, Pepperjack, Bacon, Lettuce & Salsa

Cordon Bleu

Chicken Cutlet, Black Forest Ham, Baby Arugola, Tomato, Swiss Cheese & Honey Dijon

Mt. Etna

Fresh Turkey, Bacon, American, Lettuce, Tomato, Red Onions & Jalapeño Ranch



Stuffed Focaccia \$8.99

Sardinian

Honey Maple Turkey, Parma Prosciutto, Roasted Peppers, Tomato, Fresh Mozzarella & Honey Dijon Dressing

Genovese

Cracked Peppermill Turkey, Genoa Salami, Lettuce, Tomato, Portobello Mushrooms, Provolone & Pesto Cream

Romano

Roasted Porchetta (Slow-Roasted Pork Loin), Carmelized Onions, Provolone Cheese & Artichoke Hummus

Venetian

Assorted Grilled Vegetables, Field Greens, Tomato, Roasted Pepper & Balsamic Vinaigrette

Barese

Spicy Soppresata, Mortadella, Provolone, Baby Arugola, Tomato & Artichoke Hummus

Palermo

Chicken Cutlet, Sicilian Eggplant, Provolone, Field Greens & Pesto Cream

Roma

Grilled Chicken, Fresh Mozzarella, Sun-Dried Tomato, Avocado, Field Greens & Honey Dijon

Sorrentino

Sicilian Eggplant, Parma Prosciutto, Fresh Mozzarella, Roasted Peppers, Field Greens & Pesto Aoli

Calabrese

Porchetta, Broccoli Rabe, Hot Cherry Peppers, Fresh Mozzarella & Balsamic Vinaigrette

Rustico

Fresh Mozzarella, Tomato, Roasted Peppers, Arugola & Pesto Aoli

Mill Pond

Peppermill Turkey, Meunster, Roasted Peppers, Field Greens & Pesto Aoli

Ever Roast

Chicken Breast, Cheddar, Carmelized Onions Lettuce, Tomato & Russian Dressing

Godfather

Mortadella, Salami, Pepperoni, Fresh Mozzarella, Lettuce, Tomato, Hot Cherry Peppers, Mayo & Red Wine Vinaigrette

Wraps \$7.99

Pollo Caesar Wrap

Grilled Chicken, Shaved Parmigiano, Lettuce, Tomatoes & Caesar Dressing

Low Fat Turkey Wrap

Low Sodium Turkey, Baby Spinach, Tomatoes, Lacey Swiss & Honey Dijon Dressing

Roast Beef Wrap

Roast Beef, Pepper Jack Cheese, Baby Arugola, Tomatoes & Hoersradish Spread

Veggie Tuna Wrap

Lettuce, Tomatoes, Cucumbers & Avocado

Waldorf Wrap

Chicken Waldorf Salad, Baby Arugola, Tomatoes & Lacey Swiss

Veggie Wrap

Assorted Grilled Vegetables, Field Greens, Roasted Peppers & Balsamic Vinaigrette

Chicken Paillard Wrap

Chicken Breast, Field Greens, Tomatoes, Cucumbers, Red Onions & Sun-Dried Tomato Vinaigrette

Healthy Tuna Wrap

Mayo-less Tuna Salad, Field Greens, Tomatoes & Cucumber

Cowboy Wrap

Chicken Cutlet, Cheddar, Crispy Onions Straws, Fried Jalapeños & Chipotle Aoli

Jericho Wrap

Fresh Turkey, Swiss Cheese, Field Greens, Sliced Apple, Dried Cranberries & Raspberry Vinaigrette

Reuben Wrap

Hot Pastrami, Melted Swiss, Cole Slaw, Pickles & Russian on Pressed Wrap

Greek Wrap

Lettuce, Tomatoes, Cucumbers, Celery, Red Onions, Black Olives, Feta Cheese, Bell Peppers & Greek Feta Dressing

Buffalo Wrap

Chicken Cutlet, Lettuce, Tomatoes, Blue Cheese Dressing & Hot Sauce

Classic

Shrimp Salad, Lettuce & Tomatoes



Signature Heroes

Italian Stallion

Genoa Salami, Pepperoni, Provolone, Lettuce, Tomatoes, Red Onions & Red Wine Vinaigrette

American

Turkey, Roast Beef, American, Lettuce, Tomatoes, Mayo

Brooklyn Bomber

Roast Beef, Broccoli Rabe, Hot Cherry Peppers, Provolone, Tomatoes & Chipotle Aoli

Roast Beef & Bacon

With Crispy Onions Straws Mozzarella & Roasted Garlic Aoli on Toasted Garlic Hero

Chicken Cutlet

With Roasted Peppers, Fresh Mozzarella, Field Greens & Pesto Aoli

BBQ Glazed Chicken

With Cheddar, Bacon, Lettuce, Tomatoes & Jalapeño Ranch on Toasted Garlic Hero

Porchetta

With Carmelized Onions & Pepper Jack Cheese

Grilled Chicken

With Broccoli Rabe, Roasted Peppers, Fresh Mozzarella & Balsamic Vinaigrette

Fornello Philly

Grilled Roast Beef, Provolone & Carmelized Onions

Fresh Turkey

With Swiss, Cole Slaw & Russian Dressing on a Toasted Garlic Hero

Hot Pastrami

With Swiss, Lettuce, Tomatoes, Onions & Spicy Mustard

Hot Heroes WITH MARINARA & MOZZARELLA

Chicken Cutlet

\$8.99

Meatball

\$7.99

Eggplant

\$7.99

Sausage, Peppers & Onions

\$8.50

Shrimp

\$9.50

Filet of Sole

\$9.99

Veal Cutlet

\$9.50

Soup of the Day

Medium (16 oz) \$4.50

Large (32 oz) \$7.99